



Pre-Care Instructions: Lumecca

- Avoid sun exposure. Apply sunscreen daily and do not tan, including self-tanner, for 4 to 6 weeks before and after treatments.
- Do not use any retinol products (or products containing tretinoin) or exfoliants on the area to be treated for one week. Avoid Accutane (or isotretinoin products) for 6 months prior.
- Inform your clinician if you have a history of hyperpigmentation.
- Notify us if you have had any cosmetic tattooing on or near the area to be treated.
- Photosensitizing medications, including doxycycline and minocycline, should be discontinued three days prior to the treatment.
- Anticipate a social “downtime” of 2-5 days before any redness, swelling, and sloughing of the sunspots has subsided.

On the Day of Your Appointment:

- Arrive with a clean face. Remove all makeup if the area to be treated is the face.
- If applicable, please come clean-shaven in the areas to be treated (this usually means the face and neck).
- Dress so that you may modestly expose the treatment area, if applicable.