



## Post-Care Instructions: Lumecca

- You may experience a mild sunburn (burning) sensation following the treatment that usually subsides within a few hours. Skin redness is normal and may last a few days.
- A slight amount of swelling may occur.
- Crusting or blistering is uncommon and not serious. Pigmented areas may begin to flake after a few days.
- Cold compresses may be useful for the first 24 hours.
- Your skin will be fragile for 2-3 days. Use gentle cleansers, avoid rubbing the skin, and do not use hot water during this time.
- Do not use any retinoids, tretinoin, alpha or beta hydroxy products, vitamin C products, scrubs, exfoliants, or undergo chemical peels on the treated area for one week.
- Makeup can be applied immediately if the skin is not broken. Mineral-based makeup is recommended.
- Avoid sun exposure and use sunblock.
- Avoid excessive heat or friction to the treated area, such as heavy exercise or saunas.
- Sunspots and age spots will **darken** with the treatments **before** they begin to fade. This is expected and a normal part of the process.